

Couscous with Feta and Mint

Tricolored couscous with feta, mint and parsley, finished with a lemon-oil vinaigrette.



Nutrition Facts

About 13 servings per container

Serving size **2/3 cup (139g)**

Amount Per Serving

Calories **310**

% Daily Value*

Total Fat 18g	23%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 1010mg	44%
Total Carbohydrate 32g	12%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes <1g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0.7mg	4%
Potassium 120mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: COOKED TRICOLOR COUSCOUS (COUSCOUS [WHEAT FLOUR, SPINACH POWDER, TOMATO POWDER, NATURAL COLOR]), EXPELLER PRESSED CANOLA OIL, GREEN ONIONS, SPICES, LEMON JUICE, FETA CHEESE ([PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES], POWDERED CELLULOSE [TO PREVENT CAKING], NATAMYACIN [TO PROTECT FLAVOR]), CONTAINS LESS THAN 2% OF SPEARMINT, SALT, EXTRA VIRGIN OLIVE OIL WITH LEMON OIL.

CONTAINS: MILK, WHEAT.

VG

BIOENGINEERED STATUS: Does not contain detectable bioengineered genetic material.

Product #	UPC Code	Pack Size
0240728	Case UPC: 00 072106 07284 7	2 x 4 lb Pouches
	Product UPC: NA	Net Weight: 8.000 lb
		Gross Weight: 8.450 lb

Microbiological		Pallet/Case Configuration	
Standard Plate Count	100,000/g	Case Dimensions:	11.375" x 8.125" x 5.750" = 0.30 cuft
Yeast and Mold:	100/g	Pallet Configuration:	20 x 8 = 160 Total Cases

Code Date Description: Coding is a use by date on the case label and embossed on the pure pack gable heat seal in MM/DD/YY format.

Storage Instructions: Store and transport at 33-38 degrees Fahrenheit

Claims: Icons will be placed below the ingredient declaration when applicable.

VN VEGAN VG VEGETARIAN DF DAIRY FREE GF GLUTEN FREE 0g 0g TRANS FAT

Date: 09.07.2021	Updated By: JoAnn Buechele
Supersedes: 02.05.2020	Update Reason: Bioengineered Status Update